Principal’s Report

Around the College there has been increased attendance at tutoring and a concerted effort to prepare for the Mid-year examinations. The Year 11 and 12 students are currently writing and the other year groups start their examinations next week. Again, I thank the staff who have put in an enormous amount of extra effort to prepare students for the exams.

Our students have competed in the Inter-house, State and ACC Interschool cross country events and the final netball matches for 2015 have been played.

The Year 9’s and 10’s have listened to Jade Lewis presenting a powerful message about the enormous risks and devastating consequences of drug taking and I encourage parents to take the time to reinforce this vital message with their children.

Encouraging students to set goals and to work consistently towards achieving them is something we as teachers are constantly trying to instil. The reason for this is because we develop many life skills in the process of trying to achieve our goals. We learn about success and failure, commitment and perseverance.

I set a goal this year to learn the names of every student in the College, believing it is important to know each child in my care. For a number of reasons it is proving to be a difficult task and makes me marvel at God’s ability to know each person on earth and everything about us.

Matthew 10:29-31

29 Are not two sparrows sold for a penny? Yet not one of them will fall to the ground apart from your Father. 30 And even the hairs of your head are all counted. 31 So do not be afraid; you are of more value than many sparrows.

Tel Williams
Principal
**Diary of Events**

<table>
<thead>
<tr>
<th>Day</th>
<th>Date</th>
<th>Event</th>
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<tbody>
<tr>
<td>Friday</td>
<td>29/5</td>
<td>Year 11 &amp; 12 Exams</td>
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<tr>
<td>Monday</td>
<td>1/6</td>
<td>PUBLIC HOLIDAY</td>
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<tr>
<td>Wednesday - Friday</td>
<td>3/6 - 5/6</td>
<td>Year 7 - 10 Exams</td>
</tr>
</tbody>
</table>

**QBC Annual Report Link**

HARD COPIES OF THE ANNUAL REPORT ARE AVAILABLE AT THE ADMIN OFFICE

**Give Blood and Save a Life**

OUR FIRST GROUP OF STUDENTS ARE DONATING BLOOD IN THE NEXT COUPLE OF WEEKS. WE WOULD ENCOURAGE ANY PARENTS DONATING TO SIGN UP UNDER QUINNS BAPTIST COLLEGE WHEN YOU ARE AT THE CENTRE SO THAT IT GOES TOWARDS THE COLLEGE'S TALLY

IT'S ON AGAIN! QBC IS RECEIVING DONATIONS OF SECOND HAND GOODS FOR SALE AT THIS YEAR'S OPEN DAY - ALL PROCEEDS GOING TO OUR BALI CHILDREN'S MISSION, PLEASE BRING DONATIONS TO THE CHAPLAIN'S OFFICE (MONDAY, TUESDAY & THURSDAYS) OR CONTACT RYAN CRISTONSEN 0417712093 FOR OTHER ARRANGEMENTS.
"The Amazing Car Rally" is a fun, family orientated fundraiser which combines two popular team competitions: *The Amazing Race*, and a Car Rally (scavenger hunt). The Amazing Car Rally is not for the faint of heart, requiring extreme team cooperation to complete the set challenges. As our school goal this year is UNITY we think this event will be a great way to bring your family or team together as you race around the northern suburbs.

**Saturday, the 13th of June.** The race will kick off at 10am from the school in order to finish by 12pm at an unknown location. A sausage sizzle will be provided (free of charge) following the race. We invite all teams to hang around for as long as they can and enjoy the afternoon.

All cars need to be in the Mulch Parking lot of the High School by 9:30am for the 10:00am start. Information/rules and challenges will be given at this time.

It costs $20 per car to participate with a minimum of 4 people in each vehicle. This year we are raising money for underprivileged kids in Bali. You need to pay online [http://www.trybooking.com/HUAQ](http://www.trybooking.com/HUAQ). Please print your receipt and present it on the day as proof of payment.
PAYING OF SCHOOL FEES IN 2015 DIRECT DEBIT
A reminder that if there are any changes to the frequency
or bank account details that you have previously provided
the school with from which your annual, semester, termly
or monthly payments are made, please notify the school
as soon as possible. Unless we are informed otherwise,
your information from 2014 will be used in 2015.

Direct Debits will continue to be made as follows:

1 payment on 20th February
2 equal payments on 20th of February and July
4 equal payments on 20th of February, April, July and October
10 equal payments on the 20th of each month February - November

Our junior artists are working on collages and would appreciate donations of
old glossy type magazines and any old long sleeved shirts to serve as 'aprons' for
messy painters.

Please hand in to student services

Thank you
Japan Overseas Cultural Exchange

URGENTLY IN NEED OF HOST FAMILIES
24 JULY - 11 AUGUST

PAYMENT OF $540 PER STUDENT TO ASSIST WITH EXPENSES

IF YOU CAN ASSIST OR FOR MORE INFORMATION PLEASE CONTACT MR LAKE ON 93058808

These 15 students aged between 15-17 Years old will be attending Quinns Baptist College whilst visiting Australia

Experience the many benefits to hosting International students, not only financial, but an exchange of culture that will enhance your lives and the students' lives.
Notices & Reminders

ABSENTEES

Please contact Student Service on 9305 8808 by no later than 9.30am in the event of unexpected absences or sickness that necessitates your child being away from the College for the day or for any length of time.

A written note should accompany your child and be handed to his/her teacher on his/her return. A medical certificate may be required to explain prolonged absences.

We would like to thank parents for starting off 2015 so well with phoning the Student Office with absentees and following up with notes.

YEAR 10’S AT CAREERS EXPO 2015

Parents, carers and visitors to the College ... Please note that it is important to report to the Admin Office or Student Office if you need to pick your child up/drop anything off or make contact with them. For security reasons we cannot have visitors walking around the College without visitor badges. Student Service will deliver any forgotten lunches or items to the students. THANK YOU!
Orderliness: Arranging myself and my surroundings to achieve greater efficiency.

**Key Concepts**

**Prioritise:**
Orderliness is about time - prioritising to make the best use of the time allotted to you. Give priority to your responsibilities and the activities that will contribute to your goals. Then guard your schedule to keep distractions from interfering with your plan.

**Standardise:**
Standard operating procedures are important - wherever you find disorder - whether at home, on the job, or in the classroom - seek to identify the standard that will bring order to the confusion. Exercise discipline to bring yourself and those within your sphere of responsibility in line with that standard.

**Organise:**
Orderliness involves more than making a space neat. The key to orderliness is to make it a habit. Improving your orderliness will reduce your overall frustration and increase your daily productivity.

**Economise:**
If an unused item cannot be sold, donated, or recycled - avoid the clutter. Dispose of it! You will prove more effective when free from the “unmatched socks” of life that are of no actual worth to you. Disposing of clutter will underscore the order in your home or office.

**Maintain:**
The key to maintaining orderliness is to order as you go. Returning an item to its proper place after using it will reduce piles and messes. To achieve the greatest efficiency, organise an area so that there is a place for everything - and everything is in its place.
QBC Uniform Shop Hours

TUESDAYS

8:00am – 12:00pm (All students & parents)
(For uniform fittings please come in AFTER 8.30am)
12:00pm – 12:30pm (High School students ONLY)
1:30pm – 3:30pm (All students & parents)
(For uniform fittings please come in BEFORE 3.00pm)

THURSDAYS

8:00am – 12:00pm (All students & parents)
(For uniform fittings please come in AFTER 8.30am)
12:00pm – 12:30pm (High School students ONLY)

PARENTS

PLEASE AVOID WASHING ANY TEAL/PETROL ITEMS (SPORTS SHORTS, POLOS, PINAFORES, TRACK TOPS AND BOTTOMS) IN A HOT WASH AS THIS WILL DISCOLOUR THE FABRIC. ALL THESE AND MOST OF THE UNIFORMS SHOULD BE WASHED IN A COLD WASH. PLEASE DO NOT BLEACH YOUR GARMENT ESPECIALLY THE LOGO. IF ANY WHITE GARMENTS NEED TO BE SOAKED NAPISAN/SARD (ALTHOUGH THESE DO HAVE A BLEACHING AGENT) ARE YOUR PREFERRED PREFERENCES (BUT NOT ADVISED BY THE MANUFACTURER) BUT TRY TO AVOID THE LOGO BEING SUBMERGED AND PLEASE ALWAYS FOLLOW MANUFACTURING CARE INSTRUCTIONS!
PRIVATE MUSIC LESSONS DURING SCHOOL

Places are still available for DRUMS, GUITAR, PIANO, and VOCALS. Lesson times can be arranged directly with the respective teachers. Please note that the music teachers invoice for the term in advance.

**Guitar** – Owen Hopwood [Cert IV Jazz Guitar W.A.A.P.A. BMUS Jazz W.A.A.P.A (current)]
Owen has worked as a performing and recording artist in Perth for over 7 years being involved in original and cover bands as well as recording guitars and vocals on 3 different albums. He is currently in the final semester of a bachelor music degree at the Western Australian Academy of Performing Arts (WAAPA), jazz performance major.
Mobile: 0417976571

**Drums** – Peter Forgus [Diploma of Music Contemporary Drums W.A.A.P.A.]
Peter is currently working as a professional musician in various ensembles around Perth.
Mobile: 0430171581

**Vocals** - Saffron Sharp (Bachelor Jazz/Voice W.A.A.P.A)
Saffron has performed at many premium music venues around the state including the Ellington Jazz Club.
Mobile: 0419 441 193

**Piano lesson** and all general music lesson enquiries should be directed to:

**GARY BENNESS.** MOBILE: 0417004407
OR
**MATT SHARP VIA EMAIL: MSHARP@QBC.WA.EDU.AU**
The above times refer to Years 7 to 12. Should these times clash with other commitments, students are encouraged to make individual tutoring appointments, where mutually possible, with staff. Upper school students should speak to their relevant staff members should they require tutoring outside these times.
Want to improve your marks?

Join our Weekend Help or Master Classes
Available for all year levels

Yr 11 & 12 WACE and ATAR Master Classes
Classes available Sundays and afternoons after school
Teaching classes for students seeking higher achievement and mastery of their subjects and wanting to maximise their school and exam results.
Teachers: Dr. O.T. Lee, Dr. Ulrich Seydel, Dr. Roy Skinner, Ashleigh Davison

Yr 11 & 12 WACE and ATAR Weekend HELP Classes
Various classes available Saturday and Sunday from 9am up to 3pm
Receive weekly help in your areas of need in your courses from experienced WACE and ATAR teachers. In the class you can ask questions about your school work and get one-on-one help to strengthen your understanding.

Yr 7, 8, 9 & 10 Weekend HELP Classes:
Various classes from 9am up to 1pm every Saturday and Sunday
Experienced teachers work with students to build their skills and understanding in Maths, Science or English in a small group environment.

ENROL AT ANY POINT DURING THE TERM

Venues: Churchlands SHS, Rossmoyne SHS, Perth Modern School and our Applecross Office.
For a brochure visit www.academictaskforce.com.au or speak with your Year Coordinator.

Enrol: www.academictaskforce.com.au
Email: learn@academictaskforce.com.au
Phone: (08) 9314 9500
Quinns’ Youth Group

Every Friday of the school term Quinns Youth is run for High School students. This youth group provided by Quinns Baptist Church aims at providing a safe environment for students to gather out of school hours for games, social interaction and spiritual growth. Throughout the year Quinns Youth runs camps, sleepovers and other events with the goal of building healthy relationships between students whilst helping them grow in faith.

For more information about Quinns Youth or Quinns Baptist Church please contact the School or Ryan Cristonsen directly on: 0417712093

Quinns Youth
YEARS 7 - 12  FRIDAY’S  7.30PM - 9.00PM - OBC PRIMARY

Quinns Youth starts at 7.30pm in the Primary School Auditorium every Friday during school term (unless otherwise advertised) and finishes at 9.30pm. The cost is a $2 donation for materials and some activities away from the school may involve extra costs. Quinns Youth is open to all High School students from Years 7 to 12.

QUINNS COMMUNITY BAPTIST CHURCH
Pastors: Andrew & Danelle Hamilton ~ 0400 044 236
Youth Pastor: Ryan Cristonsen ~ 0417 712 093
www.quinnsbaptist.org

Sunday Morning Services start at 9.30am in the Primary School auditorium
Friday Night Youth Group runs 7.30-9.30pm for High School students

QUINNS BAPTIST COLLEGE
Cnr Anchorage Dve & Salerno Dve, Mindarie
(Postal: PO Box 72 Quinns Rocks WA 6030)
Telephone: 9305 8808 Facsimile: 9305 1226
Email: admin@qbcol.com.au
Dear Colleagues

It is my great honour to announce the launch of a new public lecture series at Edith Cowan University.

Each month, The West Australian ECU Lecture Series will provide a forum for an ECU Professor to discuss a pressing issue facing our community, outline their research in the area and engage in discussion with colleagues and the public.

The inaugural speaker is Lelia Green, ECU Professor of Communications. She will speak on the topic Kids, video games and social networks - the internet in family life.

In what will be an illuminating discussion relevant for researchers, students and the wider community, Professor Green will look at how Australian parents are negotiating their children’s interactions with the internet and gaming.

I hope you will join me at The West Australian ECU Lecture Series.

Where:
Building 32 Lecture Theatre 1
Edith Cowan University, Joondalup Campus
270 Joondalup Drive 6027

When:
Wednesday, 10 June 2015
Event: 5:00 PM sharp start. Refreshments served from 6:00 to 7:00 PM

RSVP:
Via EventBrite by Friday, 05 June 2015 (places limited).

Professor Steve Chapman
Vice- Chancellor
Community News

Building Stronger Families
- a course for the whole family

This six-week course is designed specifically for families with children over the age of 10. Inclusion is the key, and any adult involved in the parenting process is invited to come along and learn the skills needed to keep your family healthy.

Parents learn how to be leaders and role models in your fly. Children learn how to be special and also how to belong. This course is based on the work of George Doub and Florence Creighton, authors of Survival Skills for Healthy Families.

Participants learn
• Three basic skills: speak, listen and cooperate
• Six steps to resolving conflict
• Six steps to solving problems
• Three patterns that healthy families use

Each family will learn
• Three ways to encourage one another
• How to build on the strengths in their family
• Six rules for successful family meetings
• Society’s rule on abuse and neglect

WEST LEEDERVILLE
22 Southport Street, cnr Cambridge Street
Thursday, 30 Apr 7 14 21 28 May 4 June 2015

Time: 6.30-9.00pm
Fee: $80 per single parent family / $120 per couple/family

Places are limited so please phone 9489 6322 to enrol

Anger Management for Teen Boys - 16 to 18 years of age

Many men completing our Anger Management course tell us how much healthier and happier their lives would have been had they completed the course as teenagers. Now is an opportunity to learn skills for dealing with anger in an open, interactive one day workshop that will support you throughout the years that lie ahead. It will help you manage stress and help you in building positive relationships in all areas of your life.

During this workshop you will:
• Explore the nuts and bolts of where anger comes from
• Identify the things that trigger your anger
• Learn skills to help you take control of your emotions so you can respond in a considered way rather than react unhelpfully
• Learn how your thinking drives your emotions and how to challenge those thoughts
• Discover the difference between aggression and assertiveness in making request of others
• Develop some helpful skills to improve communication and manage conflict
• Become more aware of where your own behaviour originates from so as to be more understanding of the behaviour of others

WEST LEEDERVILLE
22 Southport Street, cnr Cambridge Street
Saturday, 16 May 2015

Time: 9.30-4.30pm
Fee: $50 – lunch provided

Places are limited so please book now on 9489 6322

Relationships Australia
1300 364 277
www.wa.relationships.com.au
Making Stepfamilies Work

Couples with children from previous relationships may need strategies. Strategies on communication, agreement on discipline – who spells out the rules and what the rules are – and on handling competing demands. It is just as important for couples to ensure that in a busy week there is time just for each other.

The six-week course covers -
- Stepfamily structure and complexity.
- The normal stepfamily stages of development.
- Basic communication skills for clear speaking, listening and negotiating.
- Common emotional experiences and difficulties for children in stepfamilies.
- How to nourish the couple bond and work together in different roles to parent as a team.
- Posing on values in today’s technological world.
- The building of new stepfamily traditions.

Time:  6.30-9.00pm
Fee:     $75 per person, $120 per couple

Places are limited so please book now on 9489 6322

WEST LEEDERVILLE
22 Southport Street, cnr Cambridge
Tuesday
17 24 Feb 10 17 24 March
Wednesday
29 Apr 6 13 20 27 May 3 June 2015

Mums Raising Boys
- up to the age of 12 years

However well-prepared mothers are logically, the emotional response to having a boy is often still, ‘Wow! This is unknown territory.’ It is true that for many mothers, the idea of raising a son carries its own set of worries.

As the primary female role model in a boy’s life, mothers play an important role in the development of their son’s identity including their ability to be nurturing. This in turn affects how they relate to others, particularly to girls and women.

This workshop will discuss:
- The importance of the mother-son relationship
- What boys need from their mums
- Practical ways to improve and maintain a positive and rewarding relationship

WEST LEEDERVILLE
22 Southport Street, cnr Cambridge Street
Wednesday
22 April 2015

FREMANTLE
1 Ord Street
Wednesday
10 June 2015 (DAYTIME)

Time:  6.30-9.00pm
(DAYTIME) 10am – 12.30pm
Fee:     $25 per person

Places are limited so please book now on 9489 6322
# JULY 2015 SCHOOL HOLIDAY PROGRAM

## WEEK 1

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<td>TUESDAY 7</td>
<td>Paintball, Mega-dodge + Chill Out Games</td>
<td>P L Cost $35.</td>
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<td>WEDNESDAY 8</td>
<td>Mystery Box Cooking Challenge!</td>
<td>FYI BYO Cost $20.</td>
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<td>THURSDAY 9</td>
<td>Cartooning + Caricature Workshop</td>
<td>P L Cost $15.</td>
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<td>FRIDAY 10</td>
<td>Darklight + AMF Bowling</td>
<td>BYO Cost $35.</td>
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<td>Movies, Timezone + Sizzlers</td>
<td>FYI BYO Cost $40.</td>
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<td></td>
<td>High Flyers &amp; Hogs Breath Café</td>
<td>P L Cost $25.</td>
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<td></td>
<td>Scitech</td>
<td>BYO Cost $25.</td>
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### MULTISPORT

**MAY 6 TO WEDNESDAY 8**  6-12YRS

Sporting challenges, activities and games.
Cost $21 for 3 days.  P BYO
8.30am-11.30am Wanneroo Recreation Centre
1.30pm-4.30pm Gumblossom Community Centre

## WEEK 2

<table>
<thead>
<tr>
<th>Week 2</th>
<th>12-18YRS</th>
<th>MONDAY 13</th>
<th>Ten Pin Bowling + Ice Skating</th>
<th>P L Cost $35.</th>
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<tbody>
<tr>
<td></td>
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<td>WEDNESDAY 15</td>
<td>Movies, Timezone + Sizzlers</td>
<td>FYI BYO Cost $40.</td>
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<td>THURSDAY 16</td>
<td>High Flyers &amp; Hogs Breath Café</td>
<td>P L Cost $25.</td>
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<td></td>
<td>FRIDAY 17</td>
<td>Scitech</td>
<td>BYO Cost $25.</td>
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### A face, place, & voice

wanneroo.wa.gov.au/cowyouth
slightly chill
Guilderton on the Moore River

Quinns Baptist Church - Youth

winter camp 2015
is on AGAIN!

sandboarding
spiritual devotions
night games
fishing camp fires
beach games
ridiculously late nights
kayaking

Rego $100  Includes all meals & activities

Friday 12th June to
Sunday 14th June

Details contact Ryan (chaplain) through the school >>
or by phone 0417712093
first in practical parenting

• **123 Magic™ & Emotion Coaching**
  To help parents manage difficult behaviour in children 2-12 year olds.
  Mon 4th, 11th & 18th May (2 to 5 yrs) 7 to 9.30pm
  Tue 12th, Thurs 14th & Thurs 21st May (2 to 12yrs) 7 to 9.30pm
  Mon 25th, Wed 27th May & Wed 3rd June (2 to 5yrs) 7 to 9.30pm
  Check the website for more dates
  NB : (Also available on a one to one basis ie 3 x 1.5 hr sessions)

• **Engaging Adolescents**
  Parenting skills for resolving teenage behaviour problems in 11 - 16 yo.
  Includes how to hold difficult conversations, working out how NOT to respond to tricky emotional encounters, building your relationship with your teenager. 2 evenings, Wed 6th & 13th May, 6.45 to 9.30pm.

• **Protective Behaviours**
  Teach your child a range of skills and strategies to help protect themselves from physical, emotional and sexual abuse. Parents will be taught how to raise the issue of personal safety in such a way that doesn’t leave the child feeling scared, anxious or worried. It is also done in a non threatening and non sexual way. Available ‘In House’ for schools, playgroups etc.
  Available In House.

• **Parenting Information Sessions (including 10 take home tips)**
  These 2 hr seminars are designed to improve your knowledge and confidence as a parent. Available ‘In House’ for schools, playgroups etc.

• **Private consults and courses available.**

behaviourtionics.com.au  9382 1182
info@behaviourtionics.com.au